

# The Pony Express is coming to Wessels!!

## Please join us on Friday, May 17th

to welcome The Pony Express and give them BUNDLES of letters to take to our Governor. They'll be here some time late morning, after leaving Kearney and stopping in Grand Island. We would like to welcome them to the farm with a crowd of people! A sample letter is provided below— please write or print one with your signature— you may also personalize it with other information. If you are unable to join us on the 17th, drop it off or send it to the farm by the 16th and we'll add it to the bundles! This is also an opportunity to join them as the ride continues to Columbus. See the flyer for information about signing up for that! Follow us on Fb for updates about the time of their arrival! We hope to see you here!!

**THE PONY EXPRESS RIDE ACROSS NEBRASKA**  
**RAISING AWARENESS FOR CHILDREN'S MENTAL HEALTH**

JOIN us ANYWHERE along the way  
**MAY 15-16-17-18 2019**

WEDNESDAY MAY 15TH	THURSDAY MAY 16TH	FRIDAY MAY 17TH	SATURDAY MAY 18TH
KICK-OFF AT CIRRUS HOUSE SCOTTSBLUFF *	SIDNEY OGALALLA NORTH PLATTE GOTHENBURG* KEARNEY*	GRAND ISLAND YORK COLUMBUS NORFOLK* Fremont	OMAHA BOYS TOWN * MAIN CAMPUS LINCOLN NEBRASKA STATE CAPITAL WEST STEPS 1:30 P.M.

Please join motorcyclist from across the state reenact the Pony Express mail delivery while they pickup/receive letters from children, families, advocates and children's mental health supporters (at pick up sites listed above) and delivering the letters to government officials in the Nebraska State Capital. If you would like to submit a letter, join in on the ride at any point, or support in any way send us your letter/inquiry to:  
 PONYEXPRESSRIDE@GMAIL.COM or CALL 308-991-4694 or 402-519-3362

Support Awareness Hope Believe  
 ADVOCACY HOPE BELIEVE  
 www.mentalhealthawareness.org

Find us on Facebook [www.facebook.com/Pony-Express-Ride-Childrens-Mental-Health-Awareness](http://www.facebook.com/Pony-Express-Ride-Childrens-Mental-Health-Awareness)

## Sample letter

5/18/2019  
 Governor Ricketts  
 Office of the Governor  
 PO Box 94848  
 Lincoln, Nebraska 68509

Dear Governor Ricketts,

Who can deny the need for increased attention to mental health issues? We are confronted daily, in the media, with those who are struggling emotionally. We all personally know many who struggle, and it might even be ourselves. On this, the Twelfth Annual Pony Express Ride, we are hoping to assist in the efforts to raise the awareness of this persistent and prominent problem. The Pony Express Riders are delivering letters to you, our Governor, asking that we all work together to support and aid those who suffer, and the families that surround them. Many family organizations, support groups, individuals and children have joined together to get letters signed, organize rallies along the route, and show our desire to improve mental health services in our State.

After these dozen years on the road, literally through rain, snow, sleet, rain and scorching sun, it is very exciting to see increased awareness in the past two years. Discussions about this issue are being held at every level. We now ask that you continue that support politically, as we know we cannot succeed without your assistance.

Thank you.

Sincerely,